

Govt. College Theog
Road Safety Club
Annual Report (Session 2024-25)

Induction Program

Dated: 19-11-2024

The '**Induction Program**' of the **Road Safety Club** for the session **2024–25** was organized in **Room No. 4 on 19 November 2024**. The primary objective of the session was to acquaint both the newly admitted and senior students with the **origin and significance** of the Road Safety Club. Another key aim was to **encourage student enrolment and promote active participation** in the club's initiatives.

During the session, students were informed that it was **Dr. Rajaseekaran**, former Head of the **Indian Orthopaedics Association**, who filed a **writ petition** in the **Hon'ble Supreme Court of India**, drawing attention to the alarming number of road accidents in the country and the recurring pattern of negligence leading to them. Acting on this petition, the Supreme Court directed all **State Governments** and the **Government of India** to establish **Road Safety Cells** and **Monitoring Committees** in every educational institution across the nation.

It was further shared that in **Himachal Pradesh**, **five government departments**—Transport, PWD, Police, Health, and Education—are working collaboratively to reduce road accidents and fatalities. The inclusion of the **Education Department** underscores the crucial role of youth awareness, as young people constitute a major portion of India's population. Government data cited during the session revealed that the highest number of accidents occur among individuals aged **25–35 years**, followed by those in the **18–24 years** age group.

The session concluded with a briefing on the key themes to be covered in subsequent programs, including:

1. Road Safety Rules and their relevance
2. Road Markings, Signages, Types of Roads, and Traffic Signals
3. Pedestrian Safety
4. Essential Documents—Driving License, Registration Certificate, Insurance, Pollution Certificate, Digi Locker, and m-Parivahan App
5. Importance of regular vehicle maintenance
6. Procedure for obtaining a Driving License
7. Traffic Violations, Accidents, and Fines under the Motor Vehicles Act

8. Basic First Aid
9. Golden Hour, Trauma Care, CPR, and the Good Samaritan Law
10. Significance of FIR

The meeting concluded with the **registration of new volunteers** for club membership, followed by the **formation of an Executive Committee**.

Awareness/ Sensitization Program

Dated: 23-11-2024

The *Road Safety Club* of **Government College Theog** organized an awareness session on “**Road Safety Rules and Their Relevance**” on **23rd November 2024** in the college premises. The session aimed to sensitize students about the importance of following road safety norms to minimize accidents and ensure responsible behaviour on roads. Around **80 students** from different streams participated actively in the program. The faculty members of the club highlighted the alarming rate of road accidents in India and emphasized that most mishaps occur due to negligence, over-speeding, and disregard for traffic regulations. The students were briefed about the basic road safety rules, the significance of traffic signals, and the necessity of wearing helmets and seatbelts. They were also informed about the role of pedestrians in maintaining road discipline and the legal consequences of traffic violations under the **Motor Vehicles Act**. The interactive session included a short presentation, real-life case examples, and a discussion on how small preventive measures can save lives. The event concluded with an appeal to the students to become responsible road users and ambassadors of safety awareness in their communities.

Awareness/ Sensitization Program

Dated: 27-11-2024

The *Road Safety Club* of **Government College Theog** organized an awareness session on **27th November 2024** on the topic “**Important Documents such as Driving Licenses, Registration Certificate, Insurance, Pollution Certificate, Digi Locker, and m-Parivahan Application.**” The session aimed to familiarize students with the essential documents required for vehicle ownership and driving, and to highlight their legal importance in ensuring road safety and compliance with traffic regulations. A total of **68 students** participated actively in the program. The faculty members of the club explained in detail the procedure for obtaining a **driving license**, the importance of carrying valid **registration** and **insurance certificates**, and the need for maintaining an updated **pollution certificate** to promote environmental responsibility. Students were also introduced to digital tools like **Digi Locker** and the **m-Parivahan app**, which provide convenient access to digital copies of important vehicle documents and help in verifying their authenticity. The interactive session included demonstrations on how to use these applications

effectively. The event concluded with an appeal to all students to stay informed, adopt safe driving habits, and contribute to building a culture of responsible road usage.

Awareness/Sensitization Lecture by External/Invited Resource Person: Dr Sahil, IGMC Shimla.

Dated: 4 December 2024

The *Road Safety Club* of **Government College Theog** organized an informative **Awareness and Sensitization Lecture** on “**First Aid and Handling Blood**” on **4th December 2024**. The session was conducted by **Dr. Sahil**, an invited resource person from **Indira Gandhi Medical College (IGMC), Shimla**. The objective of the session was to educate students about the importance of providing immediate first aid during road accidents and other emergencies, and to equip them with basic knowledge and confidence to respond effectively in such situations.

In his engaging and insightful talk, **Dr. Sahil** explained the fundamentals of first aid, including how to assess an injured person, control bleeding, and manage fractures or burns before professional medical help arrives. He demonstrated practical techniques for dressing wounds, using basic first-aid materials, and emphasized the critical importance of maintaining hygiene while handling blood to prevent infections. The concept of the “**Golden Hour**” and its role in saving lives during emergencies was also discussed in detail.

The session witnessed enthusiastic participation from around **160 students**, who actively interacted with the speaker and clarified their doubts regarding emergency response and trauma care. The lecture proved to be highly informative and eye-opening, inspiring the students to act responsibly and compassionately in times of crisis. The event concluded with a note of gratitude to **Dr. Sahil** for his valuable insights and contribution towards promoting awareness on road safety and emergency preparedness.

It was followed by a ‘Blood Donation Camp’ organised in collaboration with the *Red Ribbon Club* of the college and the *Department of Zoology*.



Awareness/Sensitization Lecture by External/Invited Resource Person: Sh. T C Sharma, Inspector, State CID Headquarters, Shimla.

Dated: 17-02-2025

The *Road Safety Club* of **Government College Theog** organized an **Awareness and Sensitization Session** on **17th February 2025** on the topic “*Various Traffic Violations, Accidents & Fines (under the Motor Vehicles Act) and FIRs in Road Accidents.*” The session was conducted by **Sh. T. C. Sharma, Inspector, State CID Headquarters, Shimla**, who was invited as the external resource person. The event was held under the patronage of the **Principal of the college**, who

presided over the session. All members of the teaching staff were present, and a total of **141 students** attended the program with keen interest.

In his detailed and informative address, **Sh. Sharma** enlightened the students about the provisions of the **Motor Vehicles Act**, emphasizing the legal and financial consequences of common traffic violations such as over-speeding, rash driving, drunk driving, and use of mobile phones while driving. He also explained the importance of maintaining valid documents like driving licenses, insurance certificates, and pollution control certificates to avoid penalties. The procedure for lodging an **FIR in case of road accidents** and the role of law enforcement agencies in ensuring road discipline and justice were also discussed at length.

The Principal, in his presidential remarks, appreciated the efforts of the Road Safety Club for organizing such meaningful sessions that contribute to building responsible and aware citizens. The lecture concluded with an interactive discussion, during which students sought clarifications on legal procedures and shared their views on promoting road safety. The event proved to be highly educative and motivating, reinforcing the importance of lawful and cautious conduct on roads.





Slogan Writing, Essay Writing & Poster Making Competitions.

Dated: 17-02-2025

The *Road Safety Club* of **Government College Theog** organized a series of creative competitions on **17th February 2025** as part of its ongoing Road Safety Awareness Campaign. The events included **Slogan Writing, Essay Writing, and Poster Making Competitions** on the theme “*Encouraging Safe Road Behaviour among Pedestrians and Motorists alike.*” The objective of these competitions was to sensitize students towards the importance of road discipline, responsible driving, and pedestrian safety through creative expression. The program was held under the patronage of the **Principal of the college**, who presided over the session, while all members of the teaching staff actively participated in the event.

The competitions witnessed enthusiastic participation from students across different streams, who showcased their creativity and concern for road safety through powerful messages and thoughtful ideas. In the **Slogan Writing Competition**, participants came up with impactful and thought-provoking slogans emphasizing alertness, patience, and respect for traffic rules. The **Essay Writing Competition** encouraged students to articulate their understanding of road safety issues, highlighting the role of citizens, law enforcement, and education in reducing accidents. The **Poster Making Competition** added a vibrant visual dimension to the event, as students expressed their messages through compelling artwork and illustrations advocating responsible behaviour among both motorists and pedestrians.

At the conclusion of the event, the **Top Three Winners in each category** were felicitated with **mementos** in recognition of their creativity and awareness efforts. Additionally, the **Best Volunteers of the Road Safety Club** were also honoured for their dedication and contribution to the club’s activities throughout the session. In his presidential remarks, the **Principal** appreciated the enthusiasm of the participants and lauded the efforts of the Road Safety Club for organizing such engaging and meaningful events that promote civic responsibility and safety consciousness. The event concluded with a vote of thanks, marking yet another successful step towards building a culture of safe and responsible road behaviour within the college community.



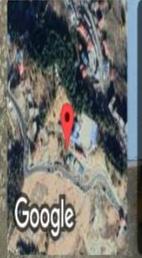
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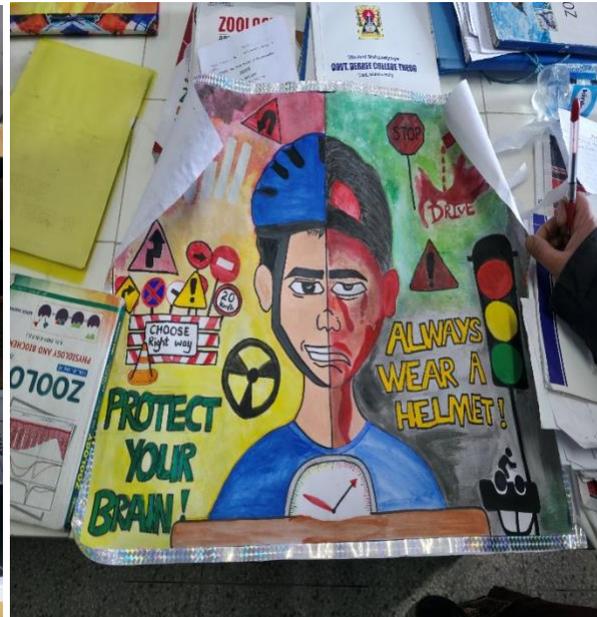
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Awareness/Sensitization Lecture by External/Invited Resource Person: Dr Baburam, Dept. of General Surgery, IGMC Shimla.

Dated: 18-02-2025

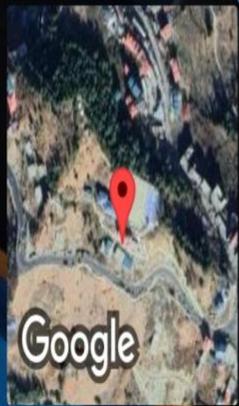
The *Road Safety Club* of **Government College Theog** organized an **Awareness and Sensitization Session** on **18th February 2025** on the topic “*Importance of Golden Hour, Trauma Care, CPR & Good Samaritan Act.*” The session was conducted by **Dr. Baburam**, *Department of General Surgery, Indira Gandhi Medical College (IGMC), Shimla*, who was invited as the external resource person. The event was held under the patronage of the **Principal of the college**, who presided over the session. All members of the teaching staff were in attendance, and the program witnessed the enthusiastic participation of **149 students** from various streams.

In his comprehensive and engaging lecture, **Dr. Baburam** emphasized the crucial role of the **Golden Hour**—the first sixty minutes following a road accident—in saving lives and minimizing the severity of injuries. He explained that timely medical attention during this period can significantly reduce fatalities and long-term complications. The session covered essential aspects of **Trauma Care**, such as the initial assessment of victims, methods to control bleeding, immobilization of fractures, and the safe handling of injured persons before medical help arrives. Dr. Baburam also demonstrated the correct technique of **Cardiopulmonary Resuscitation (CPR)**, elaborating on its importance in reviving individuals who have stopped breathing or whose hearts have ceased to function.

A significant portion of the lecture was devoted to explaining the **Good Samaritan Act**, which protects and encourages bystanders to assist accident victims without fear of legal harassment. Dr. Baburam urged students to act responsibly and humanely in emergencies, highlighting that prompt and informed action can make the difference between life and death. The Principal, in his presidential address, commended the Road Safety Club for organizing such an insightful and socially relevant session. The event concluded with an interactive question–answer segment, where students eagerly participated and sought practical guidance on emergency response techniques. Overall, the session proved to be **highly educative, inspiring, and impactful**, reinforcing the importance of compassion, presence of mind, and civic responsibility in ensuring road safety.



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पोस्टर मेकिंग में नवनीत और नारा लेखन में कश्यप अब्बल



राजकीय महाविद्यालय टियोग में रोड सेफ्टी क्लब और एनएसएस के संयुक्त कार्यक्रम में विजेताओं को सम्मानित करते मुख्यातिथि। संवाद

संवाद न्यूज एजेंसी

टियोग (रामपुर बृशहर)। राजकीय महाविद्यालय टियोग में रोड सेफ्टी क्लब और एनएसएस ने कार्यक्रम का आयोजन किया। पुलिस इंस्पेक्टर टीसी शर्मा ने साइबर क्राइम पर जानकारी साझा की। युवाओं में बढ़ती नशे की लत पर विस्तृत चर्चा की।

डॉ. बाबूराम ने आपात स्थिति में बिना किसी उपलब्ध संसाधनों के दिए जाने वाले प्राथमिक उपचार के बारे में जागरूक किया। दुर्घटनाओं के बाद हमें किन बातों का ध्यान रखना चाहिए, उदाहरण सहित स्पष्ट किया। मुख्य अतिथि प्राचार्य डॉ. भूपेंद्र ठाकुर ने महाविद्यालय में विभिन्न संकायों की ओर से किए जाने वाले इस तरह के आयोजनों की सराहना की।

रोड सेफ्टी क्लब की ओर से बीते दिनों पोस्टर, नारा लेखन और निबंध लेखन प्रतियोगिताएं करवाई गईं। पोस्टर मेकिंग में नवनीत, नैसी व प्रीति, नारा लेखन में कश्यप, स्वाति व शुभम, निबंध लेखन में प्रीति, दिव्यकल व सरिता

टियोग कॉलेज में विद्यार्थियों को बताए नशे के दुष्प्रभाव

भाषण में आदर्श, नारा लेखन में मान्या प्रथम

रोहड़ू। राजकीय वरिष्ठ माध्यमिक पाठशाला अदाल में मंगलवार को सड़क सुरक्षा जागरूकता कार्यक्रम का आयोजन किया गया। नारा लेखन, भाषण और चित्रकला प्रतियोगिता का आयोजन किया गया। छात्रों को सड़क सुरक्षा के बारे में जागरूक किया गया। नारा लेखन में मान्या (कक्षा दसवीं) ने प्रथम, रोजी (कक्षा नौवीं) ने द्वितीय स्थान प्राप्त किया। चित्रकला प्रतियोगिता में कक्षा दसवीं की पारुल ने प्रथम, कक्षा आठवीं के अर्नव ने द्वितीय स्थान प्राप्त किया। भाषण प्रतियोगिता में कक्षा नवमी के आदर्श ने प्रथम व कक्षा सातवीं की छात्रा दिव्यानी ने द्वितीय स्थान प्राप्त किया। विजेता छात्रों को पुरस्कृत किया गया। संवाद

ने क्रमशः पहला, दूसरा और तीसरा स्थान प्राप्त किया। रोड सेफ्टी क्लब के संयोजक डॉ. आदित्य सिंह दुलटा ने कार्यक्रम का संचालन किया।

इसका जाच का जाए।।।

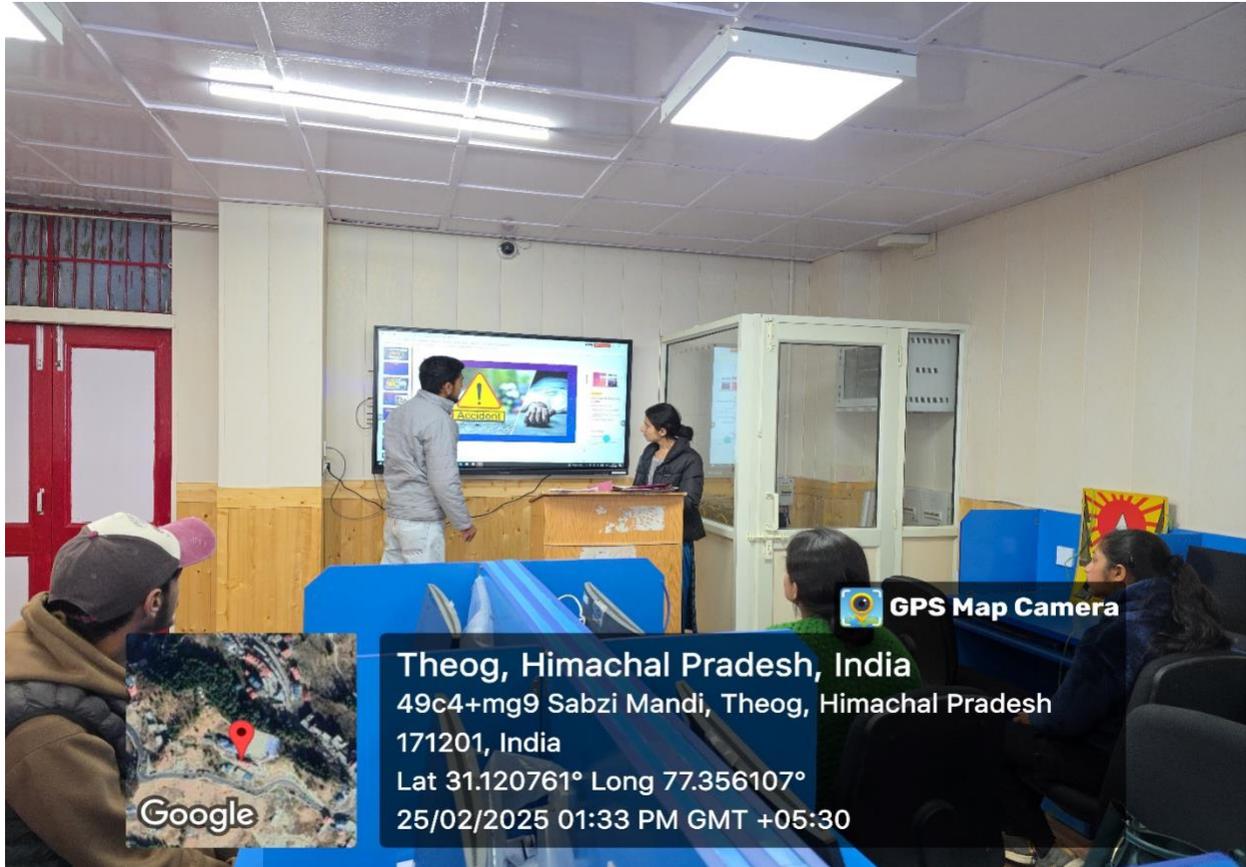
टियोग और तुंगेश महाविद्यालयों में रोड सेफ्टी पर स्टूडेंट्स को किया जागरूक

टियोग। राजकीय महाविद्यालय टियोग और संस्कृत महाविद्यालय तुंगेश में रोड सेफ्टी पर कार्यक्रम आयोजित कर विद्यार्थियों को जागरूक किया गया। टियोग कॉलेज में रोड सेफ्टी क्लब और एनएसएस ने संयुक्त रूप से कार्यक्रम का आयोजन किया। पुलिस इंस्पेक्टर टीसी शर्मा ने बतौर स्रोत-विद समाज में पुलिस की भूमिका तथा सुविधाओं और साइबर क्राइम पर बात की, साथ ही युवाओं में बढ़ती नशा वृत्ति और बुराइयों पर विस्तृत चर्चा की। दूसरे स्रोत विद डॉ. बाबूराम ने आपात स्थिति में बिना किसी उपलब्ध संसाधनों के दिए जाने वाले प्राथमिक उपचार की स्थिति बारे विस्तृत जानकारी दे, साथ ही किसी भी प्रकार की दुर्घटनाओं के बाद हमें किन बातों का ध्यान रखना चाहिए विभिन्न उदाहरण सहित इस अवस्था को स्पष्ट किया। मुख्य अतिथि प्राचार्य डॉ. भूपेंद्र ठाकुर ने महाविद्यालय में विभिन्न संकायों द्वारा किए जाने वाले इस तरह के आयोजनों की सराहना की। राजकीय संस्कृत महाविद्यालय तुंगेश में सड़क सुरक्षा समिति के द्वारा एकदिवसीय सड़क सुरक्षा तथा प्राथमिक उपचार जागरूकता कार्यक्रम में मुख्यातिथि के रूप में शाना पथारी टियोग

सुनील कुमार तथा प्राथमिक स्वास्थ्य केंद्र फागू श्रुति शर्मा ने शिरकत की। प्राचार्य डॉ. रमेश शर्मा ने मुख्यातिथि सुनील कुमार, डॉ. श्रुति शर्मा एवं अन्य अतिथियों का स्वागत किया। इस अवसर पर सुनील कुमार ने छात्रों को यातायात के नियमों के प्रति जागरूक किया। इसके उपरांत डॉ. श्रुति शर्मा ने छात्रों को सड़क दुर्घटना के बाद प्राथमिक उपचार के विषय में विस्तृत जानकारी दी। इस अवसर पर महाविद्यालय में विभिन्न प्रतियोगिताएं आयोजित की गईं, जिसमें छात्रों ने बढ़ चढ़कर भाग लिया। भाषण प्रतियोगिता में सूर्याश ने प्रथम, गुंजन ने द्वितीय तथा अम्बिका ने तृतीय स्थान प्राप्त किया। निबंध लेखन में मोनिका प्रथम, नीरज द्वितीय तथा काव्यांश तृतीय स्थान पर रहे। नारा लेखन में शगुन प्रथम, आरती द्वितीय तथा कविता तृतीय स्थान पर रहे। पोस्टर मेकिंग में दीपिका ठाकुर प्रथम, स्नेहा शर्मा द्वितीय व पूजा शर्मा तृतीय रहे। प्रश्नोत्तरी प्रतियोगिता में शगुन, शीतल तथा मोनिका प्रथम स्थान पर रहे। कार्यक्रम संयोजक प्रो सतीष कुमार शर्मा ने सभी अतिथियों का धन्यवाद किया तथा मंच संचालन का कार्य डॉ. मनीषा शर्मा ने किया।

Two Weeklong Awareness/Sensitization Sessions through Power Point Presentations on Road Safety from 25-02-2025 onwards

A two weeklong series of Awareness and Sensitization Sessions on **Road Safety** was conducted at **Government College Theog** from **25th February 2025 onwards**, with an aim to promote responsible behaviour among students and the community. The sessions featured **PowerPoint presentations prepared and delivered by the students themselves**, highlighting key aspects of safe road practices, traffic rules, and preventive measures to reduce accidents. This interactive initiative not only encouraged active student participation but also served as an effective platform to instil a sense of social responsibility. The programme successfully enhanced awareness regarding pedestrian and motorist safety, aligning with the broader mission of fostering conscientious and law-abiding citizens. The presentations were monitored by the members of the Road Safety Club.



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